

Curriculum Vitae

Personal Information

Full Name: Bénédicte MOUTON
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Education

- 15/09/11 - 09/09/16: **PhD in Psychological Sciences and Education** / Institute of Research in Psychological Sciences / Faculty of Psychological Sciences and Education / Université Catholique de Louvain (UCLouvain) / Belgium / Funded by the Belgian National Fund for Scientific Research (F.R.S.-FNRS - Aspirante) / PhD thesis: *Confident Parents for Easier Children: Strengthening Parental Self-Efficacy to Reduce Young Children's Externalizing Behavior* / Supervisor: Isabelle Roskam
- 09/08-09/11: Master in Psychological Sciences / Faculty of Psychological Sciences and Education / (UCLouvain) / Supervisor: Emmanuelle Zech
- 09/04-09/08: Licence (Bachelor) in psychology / Faculty of Psychological Sciences and Education / University of Paris 8 (France)
- 09/92-09/94: **Master in European Studies** / Institute of European Studies / Université Libre de Bruxelles (ULB) / Belgium
- 09/89-09/92: **Master in Political Sciences** / Institute of Political Sciences (Sciences-Po) / Lyon, France

Professional experience

- 01/04/2021 – 31/03/2024: **Post-doctoral fellow**. Supervisor: Dr. Stijn Van Petegem / **Université Libre de Bruxelles** (ULB), ERC project SAFE-SORRY on overprotective parenting.
- 15/09/2016 –: **Guest lecturer** / Fac. of Psychological Sciences and Education, **UCLouvain**.
- 01/10/2016 –: **Clinical psychologist** for families **and trainer** of clinicians and mediators.
- 01/09/2018 – 31/10/2020: **Post-doctoral fellow**. Supervisor: Pr. Geertjan Overbeek / **University of Amsterdam** (UVA), Research Institute for Child Development and Education
- 12/09/2001 – 31/07/2004: **European Commission** (Brussels), Regional Policy Directorate, Project manager (2001 – 2003) then Head of sector for technological innovation (2003-2004), Innovative Actions Unit
- 1995 – 2001: Consultant on regional policy for EU Parliament, EU Commission, local authorities, French Representation to the EU, Brussels (B)

Research expeditions (visiting researcher)

15/03/2016 - 15/06/2016: Three-month stay at the **University of Utrecht**, Depart. of Child and Adolescent Studies, supervisor: Pr. Maja Dekovic. / F.R.S.-FNRS- international short stay grant

Funding record

2020 **ISSBD** (International Society for the Study of Behavioral Development) grant for the pre-conference, Rhodes, Greece (postponed for Covid19)

- 2018 Post-doctoral excellence grant by Wallonia-Brussels International **WBI**-world
- 2017 **EADP** (European Association for Developmental Psychology) grant for the European Conference on Developmental Psychology, Utrecht, NL
- 2016 **F.R.S.-FNRS** International short-stay grant, Utrecht University, NL
- 2016 **ISSBD** (International Society for the Study of Behavioral Development) grant for the pre-conference on child emotion regulation, Vilnius, LT
- 2012 **EADP** (European Association for Developmental Psychology) grant for winter school on differential susceptibility, Leuven, B.
- 2012 PhD grant by the Belgian National Fund for Research (Aspirante **F.R.S.-FNRS-Belgian National Fund for Scientific Research**)

Teaching activities

- 15/09/2016 - 15/09/2022: Guest lecturer/Fac. of Psychological Sciences and Education, UCLouvain. Course on **Contemporary issues on parenting and parenthood** for master students/School of Sexology and Family Sciences (ESFA)
- 15/09/2016 -: Supervision of Master's theses in UCLouvain, UVA, ULB.

Commissions of trust

- 10/2020 – to date: Member of 3 **PhD accompanying committees** at ULB.
- 09/2020 - 10/2020: Member of the **PhD jury** of R. Billy on Parenting and Voluntary Abandonment of Children in Haiti: Unthinkable Compatibility/ ULB.
- 12/2019 -: Member of **PhD accompanying committee** of M. Wirtz on Sexual violence in the context of war and human trafficking in Libya / University of Tilburg (NL)
- Since 2018: **Reviewer** in *Journal of Child and Family Studies* (5-year IF:1.925), *BMC public health* (5-year IF:3.182), *Journal of Family Studies* (5-year IF:1.476), *New directions for child and adolescent development* (5-year IF:1.333), *International Journal of environmental research and public health* (5-year IF:3.127), *Children and Youth Services Review* (IF:1.521), , *Psychology research and behavior management* (5-year IF:2.030), *SAGE Open* (2-year IF:0.715), *Current Advances in Neurology and Neurological Disorders* (IF:0.27), *Behavioral Sciences*.

List of publications

Journal articles in peer-reviewed journals

- Venard, G., **Mouton, B.**, Zimmermann, G., Van Petegem, S. (submitted). COVID-19 : Une nouvelle pression sur les parents.
- Zimmermann, G., Antonietti, J-P, Mageau, G., **Mouton, B.**, Van Petegem, S. (submitted). Parents' Storm and Stress beliefs about adolescence: Relations with parental overprotection and parental burnout.
- Eltanamy, H., Leijten, P., van Roekel, E., **Mouton, B.**, Pluess, M., Overbeek, G. (under review), Strengthening Parental Self-Efficacy and Resilience: Within-Subject Experimental Study with Refugee Parents of Adolescents.
- Mouton, B.**, Weeland, J., Leijten, P., Overbeek, G. (under review), When Parents Wear Dark Glasses: An experimental Test of the Effects of Parental Negative Attributions on Parenting Behavior.
- Shenkman, G., Carone, N., **Mouton, B.**, D'Amore, S., Bos, H. (under review). Assisted Conception Socialization Self-Efficacy, Parental Mental Health, and Child Externalizing Problems Among Israeli Lesbian, Gay, and Heterosexual Parent Families.
- Mouton, B.**, Loop, L., Stievenart, M, Roskam, I. (2018), Confident parents: a parent self-efficacy intervention to reduce preschoolers' externalizing behavior. *Education Science*, (8) 134, page numbers? DOI: 10.3390/educsci8030134, Open Access, Scopus citations: 8
- Mouton, B.**, Loop, L., Stievenart, M. & Roskam I. (2017), Parenting programmes to reduce preschoolers' external behavior: A meta-analytic review of their behavioral or cognitive components, *Journal of Child and Family Behavior Therapy*. DOI: 10.1080/07317107.2018.1477348, Scopus citations: 3
- Mouton, B.**, Loop, L., Stievenart, M., Roskam, I (2017), Child differential sensitivity to parental self-efficacy improvement: A micro-trial perspective. *International Journal of Behavioral Development*. DOI: 10.1177/0165025416687416, citations: 0
- Loop, L., **Mouton, B.**, Stievenart, M., Roskam, I. (2017), One or Many? Which and how many parenting variables should be targeted in effective interventions to reduce children's externalizing behavior? *Behavior Research and Therapy* 92, 11-23. Doi:10.1016/j.brat.2017.01.015. citations: 5.
- Loop, L., **Mouton, B.**, Brassart, E., Roskam I., (2017), The Observation of Child Behavior during Parent-Child Interaction: the Psychometric Properties of the Crowell Procedure, *Journal of Child and Family Studies*, doi:10.1007/s10826-016-0625-0. citations: 6.
- Roskam, I., Brassart, E., Houssa, M., Loop, L., **Mouton, B.**, Volckaert, A., Nader-Grosbois, N., Noel, M-P., Schaelstraete, M-A., (2016), Child-Oriented or Parent-Oriented Focused Intervention: Which is the Better Way to Decrease Children's Externalizing Behaviors. *Journal of Child and Family Studies*, 26(2), p.482-496. citations: 4
- Roskam, I., Stievenart, M., Brassart, E., Houssa, M., Loop, L., **Mouton, B.**, Volckaert, A., Grosbois, N., Noël, M-P., & Schelstraete, M-A. (2016). The unfair card game: a promising tool to assess externalizing behavior in preschoolers. *Pratiques Psychologiques*, 22, 61-73. doi :10.1016/j.prps.2015.09.004 citations: 1
- Roskam, I., Brassart, E., Loop, L., **Mouton, B.**, Schaelstraete, M-A., (2015), Stimulating parents self-efficacy or verbal responsiveness, what is the best way to decrease children's externalizing behaviors? *Behaviour Research and Therapy*, Vol. 72, no.1, p. 38-48. citations: 16.
- Roskam, I., Brassart, E., Loop, L., **Mouton, B.**, Schaelstraete, M-A., (2016), Do parenting variables have specific or widespread impact on covariates? The power of self-efficacy or verbal responsiveness improvement. *Child and Family Behavior Therapy* 38. pp. 142-163. citations: 8
- Mouton, B.**, Loop, L., Stievenart, M., Brassart, E. & Roskam, I. (2015), [Beyond the efficiency of intervention for parents of difficult children, possible deleterious effects for co-parenting?] Par-delà de l'efficacité des interventions auprès de parents d'enfants difficiles, de possibles effets délétères ?, revue *Enfance*, numéro spécial « Parentalités différentes », n°3, 2015. citations: 0

- Roskam, I., Brassart, E., Houssa, M., Loop, L., **Mouton**, B., Volckaert, A., & Mahau, P. (2015). "Show Me How Your Wrist Moves, and I Will Tell You How Active You Are!" Towards an Objective Measure of Preschoolers' Motor Activity. *Journal of child and adolescent behaviour* 3/210.doi:10.4172/2375-4494.1000210 citations: 0.
- Mouton**, B. & Roskam, I., (2015), Confident Mothers, Easier Children: a quasi-experimental manipulation of mothers' self-efficacy, *Journal of Child and Family Studies*. 24(8):2485-2495 doi:10.1007/s10826-014-0051-0, citations: 42.

Book chapters authored or co-authored

- Mouton**, B., Schoenmaeckers, R., & Van Reisen, M. (2019). Refugee Parenting in Ethiopia and the Netherlands: Being an Eritrean Parent Outside the Country. P.395-424. In Van Reisen, M., Mawere, M., Gebre-Egziabher, K. A. (eds), *Mobile Africa: Human Trafficking and the Digital Divide*. Bamenda, Cameroon: Langaa Research & Publishing CIG. URL: https://www.researchgate.net/publication/336937152_Refugee_Parenting_in_Ethiopia_and_the_Netherlands_Being_an_Eritrean_Parent_Outside_the_Country
- Mouton**, B., Loop, L., Stievenart, M. & Roskam, I. (2017), [Intervention on parental self-efficacy], *Intervention sur le Stimuler le sentiment de compétence parentale*, in Roskam, I. & Nader-Grosbois, N., Schelstraete, M-A., & Noël, M-P., *La prise en charge des troubles du comportement du jeune enfant. Manuel à l'usage des praticiens* (p.135-160). Bruxelles : Mardaga.
- Loop, L., **Mouton**, B., Stievenart, M. & Roskam, I. (2017), [Intervention on parental emotional coaching], *Stimuler les pratiques de coaching émotionnel*. in Roskam, I. & Nader-Grosbois, N., Schelstraete, M-A., & Noël, M-P., *La prise en charge des troubles du comportement du jeune enfant. Manuel à l'usage des praticiens* (p.161-192). Bruxelles : Mardaga.
- Loop, L., **Mouton**, B. & Roskam, I. (2015). [How to support parents of children with externalizing behavior: increasing their parental self-efficacy or showing them how to do ?] *Comment intervenir auprès des parents d'enfants difficiles? Les aider à se sentir compétents ou leur montrer comment faire ?* In I. Roskam & M. Mikolajczak (eds). *Stress et défis de la parentalité*, Louvain-la-Neuve : De Boek.

Invited presentations/lectures

- Mouton**, B., D'Amore, S., Green, R-J. (2021), Children born by surrogacy and raised by gay fathers: role of coparenting, support and discrimination, oral presentation, Biennial meeting of the Society for Research in Child Development (SRCD), online, April 7-9.
- Mouton**, B., Sawrikar, V., Verhoeven, M., Slep, A. (2021), Parental Attributions: Why do they matter? Paper Symposium (Chair), Biennial meeting of the Society for Research in Child Development (SRCD), online, April 7-9.
- Mouton**, B., Leijten, P., Weeland, J., Overbeek, G. (2021), When Parents Wear Dark Glasses: An Experimental Test of the Effects of Parental Attributions on Parenting, Oral presentation at the Biennial meeting of the Society for Research in Child Develop. (SRCD), online, April 7-9.
- Mouton**, B., Carone, N., van Rijn-van Gelderen, van Rooij, F, Bos, H. (2021), Child's attachment and Functioning, coparenting and Parents' needs in Gay, Lesbian and Heterosexual Parent Families, Paper symposium (coordinator) for the Biennial meeting of the Society for Research in Child Development (SRCD), online, April 7-9.
- Eltanamy, H., Leijten, P., van Roekel, E., **Mouton**, B., Pluess, M., Overbeek, G. (2021), Parenting as it's lived: Moment-to-moment stressors and parental self-efficacy and autonomy support among refugee parents in the Netherlands. Oral presentation, Biennial meeting of the Society for Research in Child Development (SRCD), online, April 7-9.
- Eltanamy, H., Leijten, P., van Roekel, E., **Mouton**, B., Pluess, M., Overbeek, G. (2020), Parenting as it's lived: Moment-to-moment stressors and parental self-efficacy in refugee parents in the Netherlands. Poster, 17th Conference of the European Association for Research on Adolescence (EARA), online, September 2-5.

- Mouton, B.**, D'Amore, S., Green, R-J. (2020), Children born by surrogacy and raised by gay fathers, oral presentation, International Association for Child and Adolescent Psychiatry and Allied Professions (IACAPAP) Congress, Singapore, July 20-23 (postponed due to Covid19).
- Mouton, B.**, Leijten, P., Weeland, J., Overbeek, GJ. (2020), Parental Attributions: Why do they matter? Symposium, Biennial Meeting of the International Society for the Study of Behavioral Development (ISSBD), Rhodes (Greece), June 21-25 (postponed due to Covid19).
- Mouton, B.**, Carone, N., van Rijn-van Gelderen, L., D'Amore, S., van Rooij, F. (2020), Same-sex parenting: the importance of coparenting, symposium for the Biennial Meeting of the International Society for the Study of Behavioral Development (ISSBD), Rhodes (Greece), June 21-25 (postponed due to Covid19).
- Mouton, B.** (2019), Parental cognitions and parenting: How attributions and self-efficacy contribute to parenting? Erasmus University of Rotterdam, Family Forum, December 2.
- Mouton, B.**, d'Amore, S. & Huvelle, Z. (2019), Le développement des enfants nés par GPA : L'effet de la coparentalité et de la discrimination vécues par leurs parents, Les nouvelles familles nées par la GPA, Colloque de l'Université Libre de Bruxelles, Nov. 11.
- Mouton, B.**, Loop, L., Slagt, M., Dekovic, M. & Roskam, I. (2017). Parental self-efficacy modification to improve parenting and child behavior, Coordination and presentation in a symposium for the European Conference on Developmental Psychology (ECDP), Utrecht (NL), Aug. 28-1 Sept.
- Mouton, B.**, Loop, L., Slagt, M., Dekovic, M. & Roskam, I. (2017). Parental differential susceptibility to intervention, Invited symposium for the International Society for Research in Adolescent and Child Psychology (ISRCAP) Congress, Amsterdam (NL), June 28-30.
- Roskam, I., Loop, L., **Mouton, B.** (2017). Parents' narrative change in a parenting program effective on externalizing behavior reduction. Paper symposium for the European Conference on Developmental Psychology (ECDP), Utrecht (NL), 28 August-1 September (I conceived one of the studies, was involved in data collection, and provided feedback to the draft of the manuscript. First author performed statistical analysis and drafted the manuscript).
- Stievenart, M., Loop, L., **Mouton, B.** & Roskam, I. (2017). The moderating role of callous-unemotional behaviors on the effects of parenting interventions. Symposium for the Society for Research in Child Development (SRCD) Congress, Austin, April 6-8. (I conceived one of the studies, was involved in data collection, and provided feedback to the draft of the manuscript. First author performed statistical analysis and drafted the manuscript).
- Mouton, B.**, Loop, L., Stievenart, M., & Roskam, I. (2016). Programme d'intervention ciblant la confiance en soi du parent. Symposium at 9^o conference of the Interuniversity network in child psychology research, Louvain-la-Neuve, Belgium, 19-20 May.
- Stievenart, M., **Mouton, B.**, Loop, L., & Roskam, I. (2014). Groupe de parents: intervention visant à renforcer le sentiment de compétence parentale - H2M- 1ers résultats. Oral presentation at the Congress of the French speaking association for health psychology (AFPSA), Liège, 15-17 December, Belgium.

Poster presentations

- Mouton, B.**, Weeland, J., Leijten, P., Overbeek, G. (2020), Manipulating parental attributions on child behavior: An experimental study. International Society for the Study of Behavioral Development (ISSBD) 26th biennial meeting, Rhodes (GR), June 21-26, postponed due to Covid19.
- Mouton, B.**, Schoenmaeckers, R. & van Reisen, M. (2020), Refugee Parenting in Ethiopia and the Netherlands: Being an Eritrean Parent Outside the Country. International Society for the Study of Behavioral Development (ISSBD) 26th biennial meeting, Rhodes (GR), June 21-26, postponed due to Covid19.
- Mouton, B.**, Schoenmaeckers, R. & van Reisen, M. (2019), Being an Eritrean Parent Outside the Country: the psychological aspects of refugee parenting. Poster for the Society for Prevention Research (SPR) Congress, San Francisco (USA), May 22-25, accepted not attended.
- Mouton, B.**, Loop, L., Stievenart, M. & Roskam, I. (2019) Confident Parents for Easier Children. Research in Child Development (SRCD) Congress, Baltimore (USA), March 21-23.
- Mouton, B.**, Loop, L., Slagt, M., Dekovic, M. & Roskam, I. (2017). Parent Differential Susceptibility to Self-Efficacy Improvement: Impact on parenting behavior. Society for Research in Child Development (SRCD) Congress, Austin (USA), April 6-8.

- Mouton, B.**, Loop, L., Stievenart, M., & Roskam, I. (2016). Parenting programs to reduce preschoolers' externalizing behavior: A meta-analytic review of their behavioral or cognitive orientation. International Society for the Study of Behavioral Development (ISSBD), Vilnius, Lithuania, 11-14/07/2016. Selected to participate to the pre-conference on new challenges of child emotion regulation, 10/07/2016
- Mouton, B.**, Loop, L., Stievenart, M., & Roskam, I. (2015), Experimental manipulation of parent self-efficacy and emotion regulation: Micro-trials, a way forward in parenting research? International Convention of Psychological Science (ICPS), Amsterdam, the Netherlands, 12-14/03/2015.
- Mouton, B.**, Loop, L., Stievenart, M., & Roskam, I. (2015), Differential susceptibility to parenting in 4 RCTs on parent self-efficacy and emotion regulation, Biannual conference of the Society for Research in Child Development (SRCD), Philadelphia, USA, March 2015.
- Loop, L., **Mouton, B.**, Stievenart, M., & Roskam, I. (2015). The moderating role of child and parent attachment on the effectiveness of a parenting intervention, 7th International Attachment Conference (IAC), New York, USA, 6-8 August 2015.
- Mouton, B.**, Loop, L., Roskam, I., (2014), Differential susceptibility to enhancing mothers' self-efficacy in a theory-based micro-trial: Whom does it work for? 23rd Biennial Meeting of International Society for the Study of Behavioral Development (ISSBD) Conference, July 2014, Shanghai, China.
- Loop, L., **Mouton, B.**, Stievenart, M., & Roskam, I. (2014). Causal relations between parenting and externalizing behavior in preschoolers: A meta-analytic review. 23rd Biennial Meeting of the International Society for the Study of Behavioural Development (ISSBD), July 8-12, Shanghai, China.
- Loop, L., **Mouton, B.**, Stievenart, M. & Roskam, I. (2013). Causative relations between parenting and externalizing behavior problems in preschoolers: A meta-analytic review. 16th European Conference on Developmental Psychology (ECDP), 03-09/09/2013, Lausanne, Switzerland.

Publications and presentations from previous career

- Landabaso, M., **Mouton, B.** (2005), Towards a different regional innovation policy: eight years of European experience through the ERDF innovative actions. Regional development and conditions for innovation in the network society. Regional development and conditions for innovation in the network society. P.209-240. Citations: 48.
- Landabaso, M., **Mouton, B.** (2005). Towards a different regional innovation policy: eight years of European experience through the European Regional Development Fund innovative actions, in van Geenhuizen, M., Gibson, D., Heitor, MV. (Eds). Regional Development and conditions for innovation in the network society. Perdue University Press
- Landabaso, M., **Mouton, B.** (2005), Towards a new regional innovation policy: Eight years of European experience through the European Regional Development Fund innovative actions. European Commission- DG regional policy. 36p. Citations: 12
- Landabaso, M., Miedzinski, M. & **Mouton, B.**, (2003) « Regional Innovation strategies: a tool to improve social capital and institutional efficiency? Lessons learned from the European Regional Development Fund Innovative Actions”, Regional Studies Assoc. Conference, 04/2003, Pisa, Italy. Citations: 14
- Mouton, B.**, (2003), “Social capital for regional innovation promotion: Empirical evidence from Innovative Actions of the European Regional Development Fund (1994-2003)”, International summer school, “Rethinking regional development policies: the role of social capital in promoting competitiveness in less favored regions”, 06/2003, Ostuni Italy. Citations: 5
- Mouton, B.**, (2002), “EU support to Regional innovation policies through Innovative Actions”, 3rd Innovative Regions in Europe Conference, 06/2002, Stratford-upon-Avon (UK).
- Charles, D.R., Nauwelaers, C., **Mouton, B.**, Bradley, D., (2000) Assessment of the Regional Innovation and Technology Transfer Strategies and infrastructures (RITTS) scheme, Final Evaluation report, European Commission, Brussels-Luxembourg, 2000, 106 p.
- European Parliament (1996), Cross-border and inter-regional cooperation in the European Union, Association of European Border Regions, Regional Policy series W-19, Brussels-Lux., 128 p.