

ALESSIO GUBELLO

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Work Address:

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Ph.D. Researcher, Research Center for Psychology of Development, Family and Human Systems, Faculty of Psychology, Educational Sciences and Speech Therapy, Université libre de Bruxelles, Brussels, Belgium

Psychologist, member of the Commission of Psychologists of Belgium, n. 911234799

EDUCATION

- PhD candidate in PSYCHOLOGY AND EDUCATIONAL SCIENCES
Université Libre de Bruxelles (Belgium) from 14th September 2022
Thesis: "Socialization practices in adoptive families with gay parents in Western Europe"
Promoter: Prof. Salvatore D'Amore; Co-Promoter: Dr. Stijn Van Petegem
- M.Sc. (Laurea Magistrale) CLINICAL DYNAMIC PSYCHOLOGY / Final score: 110/110
University of Padua (Italy) from September 2016 to 05th December 2018
Thesis: "Dotted and Solid Lines: parental links in "Embryo Adoption" Families"
Tutor: Dr Marina Miscioscia
- INTERNATIONAL EXCHANGE STUDENSHIP/ MSc CLINICAL PSYCHOLOGY OF ADULT PEOPLE -
Université Catholique de Louvain, Louvain-la-Neuve (Belgium).
Scholarship Erasmus+ Studio for five months.
- B.Sc. (Laurea Triennale) PSYCHOLOGICAL SCIENCES OF THE PERSONALITY AND INTERPERSONAL RELATIONSHIPS/ Final score: 104/110
University of Padua (Italy) from September 2013 to 27th September 2016
Thesis: "Association between disgust, "Not Just Right Experiences" and Obsessive-Compulsive Features: a cross-cultural study"; Tutor: Dr Marta Ghisi

RESEARCH EXPERIENCES

- **PhD Researcher - Mini-Arc Fellowship**
FACULTY OF PSYCHOLOGY, EDUCATIONAL SCIENCES AND SPEECH THERAPY
Université libre de Bruxelles (Belgium) from 01/10/2023 to 30/09/2024

- **Visiting Researcher**
FACULTY OF PSYCHOLOGY AND EDUCATION SCIENCES
Université Libre de Bruxelles (Belgium) from 09/02/2022 to 14/09/2022
Project: “New adoptive families” – P.I. Prof. Salvatore D’Amore
- **Assistant Researcher**
DEPARTMENT OF WOMEN’S AND CHILDREN’S HEALTH – UNIVERSITY HOSPITAL
University of Padua (Italy) from 24/03/2021 to 31/07/2021
Project: “Stranger within own body: gender dysphoria in transgender children and adolescents” – P.I. Dr Marina Miscioscia.
- **Temporary paid research assistance**
Department of Psychological Sciences, Birkbeck College, University of London – January 2020
Project: The impact of Birkbeck research on public policy regarding LGBT parents’ families in Italy” – P.I. Prof. Fiona Tasker

TEACHING ACTIVITIES

- **Interim Lecturer**
FACULTY OF PSYCHOLOGY AND EDUCATION SCIENCES
Université Libre de Bruxelles (Belgium) from 01/10/2022 to 30/09/2023
Course: Supervision of research internship.
- **Interim Lecturer**
FACULTY OF PSYCHOLOGY AND EDUCATION SCIENCES
Université Libre de Bruxelles (Belgium) from 01/10/2022 to 30/09/2023
Course: Seminar on conducting research interviews.
- **Cycle of training webinars on the LGBTQ+ community**
AXA XL Insurance Company - Milan (Italy) / June - September 2022
 - First webinar: LGBTQ+ parents: skills and dynamics of queer families.
 - Second webinar: LGBTQ+ people working in a supportive work context: dynamics and strategies for an inclusive company

MEMBERSHIP OF ACADEMIC COMMITTEES

- **Comité facultaire pour la Recherche** – Faculty of Psychology, Educational Sciences and Speech Therapy, ULB
- **STRIGES (Structure de recherche interdisciplinaire sur le genre, l’égalité et la sexualité)** – Organization of interdisciplinary research on gender, equality and sexuality

INTERNSHIP EXPERIENCES

- **Clinical Support Worker in Psychoanalytic Psychotherapy**
BRENT CENTRE FOR YOUNG PEOPLE – 51 Winchester Ave, Kilburn, London (UK) - NW67TT
from May 2019 to May 2020
- **Honorary Assistant Researcher in Psychological Sciences**
BIRKBECK, UNIVERSITY OF LONDON - Malet Street, Bloomsbury, London (UK) - WC1E7HX
from January 2019 to July 2019 – Supervisor: Dr Fiona Tasker
Project: “Adoptive families in the UK with LGBT+ and straight parents.”
- **Honorary Assistant Researcher in Psychological Sciences**
BIRKBECK, UNIVERSITY OF LONDON - Malet Street, Bloomsbury, London (UK) - WC1E7HX
from March 2018 to July 2018 – Supervisor: Dr Fiona Tasker.
Project: “Narratives and family maps in “Embryo Donation” Families”.
- **Trainee in Psychological Sciences**
UNIVERSITY OF VALENCIA – Avenida de Blasco Ibáñez, 21, Valencia (Spain) - 46010
from March 2016 to May 2016 – Supervisor: Dr Gemma Garcia-Soriano
Project: “Obsessive-compulsive characteristics in non-clinical population. A cross-cultural study Italy-Spain.

TRAININGS

- Training in Family and Systemic Therapy
Institut d’Études de la Famille et des Systèmes Humains (IEFSH)
Avenue Brugmann 157, Forest (Belgium) – 1190
From 01/09/2023 to 31/08/2027
- Doctoral course “Sexuality and sexual health in the 21st century”
Interuniversity Centre (IUC), Dubrovnik, Croatia - Hosted by University of Zagreb, Croatia
From 6 to 10 May 2024 (**on F.N.R.S funding**)
- Training course in Clinical Psychology of Family and Couple Diversity
Faculty of Psychological Sciences and Education - Université Libre de Bruxelles,
from 16 September 2022 to 30 June 2023 - Coordinator: Prof. Salvatore D’Amore
- Certified Massive Open Online Course (MOOC) on “Culturally Competent and Compassionate LGBT+ in Health and Social Care” (50h)
Middlesex University, London, United Kingdom
from November 2021 to January 2022

RESEARCH COLLABORATIONS

- Prof. Fiona Tasker, Birkbeck College, University of London, the United Kingdom
- Prof. Pedro Costa, University of Porto, Portugal
- Prof. Marina Miscioscia, University of Padua, Italy
- Global Queerantime project: P.I. Prof Jorge Gato, University of Porto, Portugal, <https://www.fpce.up.pt/queerantime/index.html>

ADDITIONAL SKILLS

- LINGUISTICS:
 - mother tongue: Italian
 - English: fluent (C1 level); IELTS certification (2019)
 - French: fluent (C1); DELF certification B2 (2018)
 - German: good (B2); Volkshochschule Köln - Attendance Certificate B2.2 (2021)
 - Spanish: good (B2/B1 level); OLS certification (2016)
 - Dutch: good (B1); CVO Semper – Attendance Certificate B1 (2024)
- COMPUTER SKILLS: Windows Office (Word, Excel, PowerPoint), and macOS. SPSS, Jamovi and R for quantitative analysis research. NVivo for qualitative analysis research. Qualtrics, SurveyMonkey and LimeSurvey for online surveys.

PUBLICATIONS

Della Casa, V.*; Gubello, A.*; Malmquist, A.; Mezzalira, S.; Bonato, M.; Simonelli, A.; Gatta, M.; Miscioscia, M. (2024). Minority Stress, Self-Awareness, and Coping Strategies during the COVID-19 Pandemic among Italian Transgender Young Adults. *Healthcare*, 12, 132. <https://doi.org/10.3390/healthcare12020132>

Malmquist, A.; Miscioscia, M.; Leal, D.; Tasker, F.; Bredenberg, C.; Gubello, A.; Gato, J.; Houghton, M.; & Wurm M. (2023). "Under house arrest": Mental health and minority stress experiences of LGBTQ+ young adults during the COVID-19 pandemic in Europe. *Sexuality Research and Social Policy*. <https://doi.org/10.1007/s13178-023-00916-x>

Gubello, A. (2023). Commentary: Experiencing perinatal mental health difficulties as a non-birthing mother in a female same-sex couple: a wider reflection on heteronormative cis-gendered care in maternity services. *Evidence-Based Nursing*. <https://doi.org/10.1136/ebnurs-2023-103756>

Vázquez, I.; Gato, J.; Coimbra, S.; Tasker, F.; Barrientos, J.; Miscioscia, M.; Cerqueira-Santos, E.; Malmquist, A.; Seabra, D.; Leal, D.; Houghton, M.; Poli, M.; Gubello, A.; de Miranda Ramos, M.; Guzmán, M.; Urzúa, A.; Ulloa, F.; & Wurm. (2023). Psychological Adjustment Profiles of LGBTQ+ young adults residing with their parents during the COVID-19 pandemic: An International Study. *International Journal of Environmental Research and Public Health*, 20(4), 3188. <https://doi.org/10.3390/ijerph20043188>

D'Amore, S.; Maurisse, A.; Gubello, A.; & Carone, N. (2023). A Qualitative Investigation of Parenting, Stress, and Resilience Experiences among Belgian Lesbian Mothers through Donor Insemination. *International Journal of Environmental Research and Public Health*, 20 (4), 2800. <https://doi.org/10.3390/ijerph20042800>

Miscioscia, M.; Poli, M.; Gubello, A.; Simonelli, A.; Gatta, M.; Gato, J.; Rigo, P. (2022). Influence of the COVID-19 Pandemic on Italian LGBTQ+ Young Adults' Mental Health: The Role of Neuroticism and Family Climate. *International Journal of Environmental Research and Public Health*, 19(23), 15795. <https://doi.org/10.3390/ijerph192315795>

Costa, P.A., Gubello, A., & Tasker, F. (2021). Intentional Kinship through Caring Relationships, Heritage, and Identity: Adoptive Parents' Inclusion of Non-Biological and Non-Affinal Relationships on Family Maps. *Genealogy*, 5(4), 85. <https://doi.org/10.3390/genealogy5040085>

Gato, J., Barrientos, J., Tasker, F., Miscioscia, M., Cerqueira-Santos, E., Malmquist, A., Seabra, D., Leal, D., Houghton, M., Poli, M., Gubello, A., Ramos, M.M., Guzmán, M., Urzúa, A., Ulloa, F., & Wurm, M. (2021). Psychosocial Effects of the COVID-19 Pandemic and Mental Health Among LGBTQ+ Young Adults: A Cross-Cultural Comparison Across Six Nations. *Journal of Homosexuality*, 64(4), 612-630. DOI: <https://doi.org/10.1080/00918369.2020.1868186>

Tasker, F., Gubello, A., Clarke, V., Moller, N., Nahman, M., & Willcox, R. (2018). Receiving, or "Adopting", Donated Embryos to Have Children: Parents Narrate and Draw Kinship Boundaries. *Genealogy*, 2(3), 35. DOI: <http://doi.org/10.3390/genealogy2030035>

Proceedings

Miscioscia, M., Gubello, A., Tasker, F., & Rosin, R. "Parenthood desire in transgender and non-binary people and related possible scenarios within the Italian context: qualitative analysis of two focus groups". (2022) In Gambarota, F.; Grassi, M.; & Salcuni, S. *Book of Abstract – 30° Congresso dell'Associazione Italiana di Psicologia*, 45. ISBN 978-88-6938-316-8.

Gubello, A., Poli, M., Rigo, P., Simonelli, A., Gatta, M., & Miscioscia, M. (2022). The impact of COVID-19 on the well-being of the Italian LGBTQIA+ community. *International Journal of Sexual Health*, 34(sup. 1), 107. DOI: <https://doi.org/10.1080/19317611.2022.2017618>

Miscioscia, M., Gubello, A., Poli, M., Simonelli, A., Gatta, M., & Rigo, P. (2021). Psychological Sequelae in LGBTQI+ Italian Young Adults During COVID-19 Pandemic. *Mediterranean Journal of Clinical Psychology*, 9(sup. 1), 153. DOI: <https://doi.org/10.13129/2282-1619/mjcp-3223>

ORAL PRESENTATIONS

Invited talks

Gubello, A., & D'Amore, S. "Gay-parenting". 51st BSRM (Belgian Society for Reproductive Medicine) Scientific Meeting. The Montil, Afflingem (Belgium), 22 March 2024.

D'Amore, S., & Gubello, A. "Children and Adolescents within the new contemporary families - Les enfants et les adolescents dans les nouvelles familles". International Conference of Family Therapy: 'The road that connects individual and social resources'. Assisi (Italy), 6-8 July 2023.

Paper presentations accepted after peer-review process

Gubello, A., D'Amore, S., Tornello, S.L., Vecho, O., Bressanutti, S., & Carone, N. "Early childhood adversities and children's adjustment in adoptive families: an international study". International Congress of Psychology (ICP) – Psychology for the Future: Together in Hope. Prague, Czech Republic, 21-26 July 2024. (accepted)

Gubello, A., Carone, N., & D'Amore, S. "Gay father couples' thoughts and feelings about their journey to parenthood through surrogacy". International Congress of Psychology (ICP) – Psychology for the Future: Together in Hope. Prague, Czech Republic, 21-26 July 2024. (accepted)

Miscioscia, M., Mezzalana, S., Giuliani, F., Gubello, A., Gatta, M., Garolla, A., & Simonelli, A. "TRANS-Parenthood desire and related possible scenarios within the Italian context". 5th European Professional Association for Transgender Health (EPATH) Conference: 'Strengthening the standards: communities and research'. Killarney (Ireland), 26-28 April 2023.

Miscioscia, M., Gubello, A., Tasker, F., & Rosin, R. "Parenthood desire in transgender and non-binary people and related possible scenarios within the Italian context: qualitative analysis of two focus groups". 30th National Congress of the Italian Association of Psychology – AIP. Padova (Italy), 27th - 30th September 2022.

Gubello, A., D'Amore, S., Vecho, O., Aparicio-García, M.E., Moya-Albiol, L., Bressanutti, S., Vanbelle, A., & Tornello, S.L. "Adoptive families during the COVID-19 pandemic: stress factors and resilience within a Belgian and French sample". 11th Conference of the European Family Therapy Association, EFTA 2022 – Systemic resonances and interferences. Ljubljana (Slovenia), 7th – 10th September 2022.

Guibaud, C., D'Amore, S., & Gubello, A. "The experiences of same-sex stepfamilies: between stressors and resources". 11th Conference of the European Family Therapy Association, EFTA 2022 – Systemic resonances and interferences. Ljubljana (Slovenia), 7th – 10th September 2022.

Gubello, A., D'Amore, S., Maurisse, A., & Carone, N. "How can we handle this? Discrimination and resilience in Belgian lesbian parents' narratives". 3rd International Conference on LGBT+ Psychology and Related Fields – Promoting equality, social justice, and psychosocial well-being in a contrasting world. Lisbon (Portugal), 22nd – 25th June 2022.

Gubello, A., Accettura, A., & Miscioscia, M. "Being alone with million people around: lockdown experiences of gay and bisexual adults in Paris". 3rd International Conference on LGBT+ Psychology and Related Fields – Promoting equality, social justice, and psychosocial well-being in a contrasting world. Lisbon (Portugal), 22nd – 25th June 2022.

Miscioscia, M., Rosin, R., Gubello, A., Poli, M. & Tasker; F. "Would I be a Trans-Parent? Qualitative analysis of two focus groups with transgender people on parenthood desire and related possible scenarios within the Italian context". Multidisciplinary workshop on quantitative and qualitative research on life-changing transitions in the LGBTQ+ community, Gender Economics Research Group at the Swedish Institute for Social Research, Stockholm (Sweden), 23rd – 24th September 2021.

Miscioscia, M., Gubello, A., Poli, M., Simonelli, A., Gatta, M., & Rigo, P. "Psychological Sequelae in LGBTQI+ Italian Young Adults During COVID-19 Pandemic". 22nd National Congress of the Italian Association of Psychology - AIP, Division of Clinical and Dynamic Psychology. Lecce (Italy), 17th – 19th September 2021.

Gubello, A., Poli, M., Rigo, P., Simonelli, A., Gatta, M., & Miscioscia, M. The impact of COVID-19 on the well-being of the Italian LGBTQIA+ community. 25th Congress of the World Association for Sexual Health (WAS) "Leave no one behind", The Southern African Sexual Health Association (SASHA), Cape Town (South Africa), 9th – 12th September 2021.

Tasker, F., Costa, P.A., & Gubello, A. "Adoptive parenting in the UK: lesbian, gay & heterosexual parents and hard-to-place children's psychological well-being.". Bloomsbury Childhood Studies Group, London (UK), 19th June 2019.

Divulgation texts and presentations

D'Amore, S., Gubello, A., Vanbelle, A. "Les familles adoptives homoparentales et monoparentales". Webinar organized by the Université Libre de Bruxelles, 3rd May 2022.

Miscioscia, M., Gubello, A., Poli, M., Giacomelli, C. "Gli effetti psicosociali della pandemia da Covid-19 nella comunità LGBTQ+". Online event organised by Circolo Arcigay Valle d'Aosta Queer VdA, 3rd May 2021.

Miscioscia, M., Gubello, A., Poli, M. "Generazione Queer". Online event organised by the following associations: "Non Una di Meno Cagliari" – "Non Una di Meno Piacenza" – "Non Una di Meno Transterritoriale Marche", 21st May 2021.

Miscioscia, M., Poli, M., Gubello, A., Rigo, P. (April 2021). Gli Effetti Psicosociali della Pandemia da Covid-19 nella Comunità LGBTQI+. Primo Report dell'Indagine Italiana. PDF here: https://www.fpce.up.pt/queerantine/pdf/Report_Italy.pdf

POSTERS

Gubello, A., D'Amore, S., Van Petegem, S. Socialization and minority stress in adoptive families with gay fathers: a cross-cultural study in Western Europe. Annual Meeting of the Belgian Association for Psychological Sciences (BAPS): "Dealing with transformative change: societal challenges for psychological science". Brussels (Belgium), 30th–31st May 2024.

Huet, P.E., Papart, A., Eren, D., Gubello, A., Tornello, S.L., Vecho, O., Bressanutti, S., D'Amore, S. Origin disclosure in new adoptive families in Western Europe and North America. Annual Meeting of the Belgian Association for Psychological Sciences (BAPS): "Dealing with transformative change: societal challenges for psychological science". Brussels (Belgium), 30th–31st May 2024.

Papart, A., Huet, P.E., Eren, D., Gubello, A., Tornello, S.L., Vecho, O., Bressanutti, S., D'Amore, S. Perception of support received by Adoption Agencies in new adoptive families in Western Europe and North America. Annual Meeting of the Belgian Association for Psychological Sciences (BAPS): "Dealing with transformative change: societal challenges for psychological science". Brussels (Belgium), 30th–31st May 2024.

Miscioscia, M., Gubello, A., della Casa, V., Mezzalira, S., Simonelli, A., Gatta, M., Malmquist, A. Being a Trans* Person during a Pandemic: Stress and Resilience Factors among Italian Young Adults. 5th European Professional Association for Transgender Health (EPATH) Conference: 'Strengthening the standards: communities and research'. Killarney (Ireland), 26th–28th April 2023.

Gubello, A., D'Amore, S., Vecho, O., Aparicio-García, M.E., Moya-Albiol, L., Bressanutti, S., & Tornello, S.L. New Adoptive Family Configurations and Family Members' Well-Being: An International Study in Europe. 2023 International Convention of Psychological Science (ICPS) – Association for Psychological Science. Brussels (Belgium), 9th–11th March 2023.