

Cindy EIRA NUNES

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Belgique

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EDUCATION

- 2016-2021 **PhD in psychology:** PhD Thesis: *The importance of the coparenting relationship in couple therapy*, directed by Prof Darwiche, University of Lausanne
Lausanne, Switzerland
- 2013-2015 **Master in psychological sciences:** Master Thesis: *Meta-analysis on the effects of intranasal oxytocin for healthy humans*, directed by Prof Mikolajczak & Mr. Lane, Catholic University of Louvain
Ottignies-LLN, Belgium

HONORS & GRANTS

- 2023 **Research Visit Grant** from the FNRS to attend the ECDP conference in Turku (Finland)
Brussels, Belgium
- 2018 **Travel Grant** from the Institute of Psychology of the University of Lausanne, Visit to the University of Windsor, Windsor, Canada
Lausanne, Switzerland

PROFESSIONAL EXPERIENCE

General

- Nov. 2021- Oct. 2024 **Postdoctoral researcher** within the project *SAFE SORRY* financed by the European Research Council and directed by Dr Van Petegem, Université Libre de Bruxelles, Service de psychologie du développement et de la famille, Centre de recherche en Psychologie du Développement, de la Famille et des Systèmes humains
Brussels, Belgium
- 2018-May 2021 **Research assistant (PhD student) in couple psychotherapy research** under the direction of Prof Darwiche, University of Lausanne, Institute of Psychology, Family and Development research center
Lausanne, Switzerland
- 2016-2018 **SNF PhD student in couple psychotherapy research** within the project (SNF159437) *Efficacy of an Integrative Brief Systemic Intervention combining therapeutic work on marital and coparenting relationships: A randomized controlled trial* directed by Prof Darwiche and financed by the Swiss National Science Foundation (SNF), University of Lausanne
Lausanne, Switzerland

Publications

- (1) **Eira Nunes, C.**, Lamprianidou, E.-A., Venard, G., & Van Petegem, S. (2024). *“Momma knows best”: The relation between mothers’ and fathers’ gender essentialism and their parenting*. Submitted manuscript.
- (2) Van Petegem, S., **Eira Nunes, C.**, Mouton, B., Soncini, A., Lamprianidou, E.-A., Skhirtladze, N., & Visintin, E. P. (2024). *Love Money and involved parenting? Associations between parents’*

perceptions of economic inequality, financial scarcity, and their school involvement. Submitted manuscript.

- (3) Lamprianidou, E.-A., **Eira Nunes, C.**, Antonietti, J.-P., & Van Petegem, S. (2024). *Intensive parenting ideology among mothers and fathers: A typological examination of gendered representations of parenthood.* Submitted manuscript.
- (4) Venard, G., Antonietti, J.-P., **Eira Nunes, C.**, Zimmermann, G., & Van Petegem, S. (2024). *Parenting under pressure: Exploring gendered differences and associations with parental responsiveness, overprotection, and overvaluation.* Submitted manuscript.
- (5) **Eira Nunes, C.**, Lamprianidou, E.-A., Zimmer-Gembeck, M., & Van Petegem, S. (2024). The relations between parents' gender equality values and (co)parenting: Examining actor-partner effects in an Australian community sample. *Journal of Family Issues* [Advanced online publication]. <https://doi.org/10.1177/0192513X241236552>
- (6) Darwiche, J., Antonietti, J.-P., **Eira Nunes, C.**, Favez, N., Liekmeier, E., & de Roten, Y. (2022). Couple therapy with parents: Results from a pragmatic randomized controlled trial testing the integrative brief systemic intervention (IBSI). *Journal of Marital and Family Therapy*, 49(2), 351-369. <https://doi.org/10.1111/jmft.12625>
- (7) **Eira Nunes, C.**, Mouton, B., & Van Petegem, S. (2022). La surprotection parentale dans le contexte du cancer pédiatrique : Etat de la question [Parental overprotection in the context of pediatric cancer: State of the Art]. *Psycho-oncologie*, 16(4), 351-358. <https://doi.org/10.3166/pson-2022-0216>
- (8) Darwiche, J., Carneiro, C., Vaudan, C., Imesch, C., **Eira Nunes, C.**, Favez, N., & de Roten, Y. (2022). Parents in couple therapy : An intervention targeting marital and coparenting relationships. *Family Process*, 61(2), 490-506. <https://doi.org/10.1111/famp.12773>
- (9) **Eira Nunes, C.**, Antonietti, J.-P., & Darwiche, J. (2022). Engaging in coparenting changes in couple therapy: Two contrasting cases. *Journal of Marital and Family Therapy*, 48(4), 998-1016. <https://doi.org/10.1111/jmft.12591>
- (10) **Eira Nunes, C.** (2021). The Importance of the coparenting relationship in couple therapy. Unpublished manuscript
- (11) Darwiche, J., **Eira Nunes, C.**, El Ghaziri, N., Imesch, C., & Bessero, S (2021). Coparenting interventions and joint physical custody: Insights and challenges. In L. Bernardi & D. Mortelmans (Eds.) *Shared physical custody. Interdisciplinary theoretical and empirical insights in custody arrangements.* New York, NY: Springer.
- (12) **Eira Nunes, C.**, de Roten, Y., El Ghaziri, N., Favez, N., & Darwiche, J. (2020). Co-parenting programs: A systemic review and a meta-analysis. *Family Relations*, 7(3), 759-776. <https://doi.org/10.1111/fare.12438>
- (13) **Eira Nunes, C.**, Pascual-Leone, A., de Roten, Y., Favez, N., & Darwiche, J. (2020). Resolving coparenting dissatisfaction in couples: A preliminary task analysis study. *Journal of Marital and Family Therapy*, 47(1), 21-35. doi:10.1111/jmft.12450
- (14) Van Petegem, S., Antonietti, J.-P., **Eira Nunes, C.**, Kins, E., & Soenens, B. (2019). The relationship between maternal overprotection, adolescent internalizing and externalizing problems, and psychological need frustration: A multi-informant study using response surface analysis. *Journal of Youth and Adolescence*, 49(1), 162-177. doi: 10.1007/s10964-019-01126-8
- (15) Imesch, C., **Eira Nunes, C.**, Liekmeier, E., de Roten, Y., Antonietti, J.-P., & Darwiche, J. (2019). L'observation au service de l'évaluation d'une intervention brève pour couples de parents

[Observation serving the evaluation of a brief intervention for couples of parents]. *Psychothérapies*, 39, 225-236. doi: 10.3917/psys.194.0225

- (16) De Roten, Y., Carneiro, C., Imesch, C., Vaudan, C., **Eira Nunes, C.**, Favez, N., & Darwiche, J. (2018) Integrative Brief Systemic Intervention (IBSI) for couples of parents: Dialogue between research and clinic [Intervention Systémique Brève Intégrative (ISBI) pour couples de parents: dialogue entre recherche et clinique]. *Thérapie Familiale*, 39(3), 245-258. doi: 10.3917/tf.183.0257

Presentations

- 2024
Porto,
Portugal
Presentation at the 16th ESA conference
Eira Nunes, C., Lamprianidou, E-A., Venard, G., & Van Petegem, S. (2024, August). Examining the Interplay Between Father's Involvement and Mothers' Gender Essentialist Beliefs About Parenthood
- 2024
Boston,
USA
Presentation at the IARR conference
Eira Nunes, C., Lamprianidou, E-A., Venard, G., & Van Petegem, S. (2024, July). Fathers' Involvement and Mothers' Gender Essentialist Beliefs About Parenthood
- 2023
Turku,
Finland
Presentation at the European Conference on Developmental Psychology
Eira Nunes, C., Lamprianidou, E-A., & Van Petegem, S. (2023, august). Dynamics between Parent's Essentialist Beliefs and Practices as Parents and Coparents
- 2023
Roskilde,
Denmark
Presentation at the 11th European Society on Family Relations Conference
Eira Nunes, C., Lamprianidou, E-A., Zimmer-Gembeck, M., & Van Petegem, S., The Relation Between Parents' Gender Values And Parenting, And Adolescents' Psychosocial Adjustment Among Parents of Adolescents
- 2019
Brighton, UK
Poster at the IARR mini-conference
Eira Nunes, C., Darwiche, J., Imesch, C., & Liekmeier, E., *The impact of combining therapeutic work on the romantic and coparenting relationship in a couple intervention for parents: Observing couple's interactions.*
- 2018
Amsterdam,
Netherlands
Presentation in a Symposium at the 49th International meeting of the SPR
Eira Nunes, C., Darwiche, J., Pascual-Leone, A., & de Roten, Y., *Identifying couples change process in an Integrative Brief Systemic Intervention for parents: A task analysis.*
- 2017
Heidelberg,
Germany
Presentation in a Symposium at the International Systemic Research Conference
Eira Nunes, C., Darwiche, J., & de Roten, Y., *Integrative Brief Systemic Intervention for parents: Exploring clients' changes during couple therapy.*

Teaching

- 2024
Lln, BE
Lecture in a master course on coparenting and gender for the course Questions contemporaines de parenté et parentalité (2h), Catholic University of Louvain
- 2020
Lausanne, CH
Lecture in a bachelor course on tools and measures in clinical psychology for the course Introduction to clinic in psychology (1h30), University of Lausanne
- 2020
Lausanne, CH
Co-animation of a seminar on Clinical systemic seminar (1 semester) directed by Prof Darwiche, University of Lausanne
- 2018-2019
Lausanne, CH
Co-animation of a seminar on internship practice (2 semesters), directed by Prof Darwiche, University of Lausanne