



## Elli-Anastasia Lamprianidou

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### Education

**Sept 2018 – Sept 2020: Master's in Clinical Psychology and Psychopathology**, Faculty of Psychological Sciences and Education, Université Libre de Bruxelles (Magna cum laude), ECTS : 120.

Master Thesis: *Shedding light on the experience of female psychotherapists: exploring the concept of clinicians' permeability in the treatment of psychological trauma*, directed by Prof. Isabelle Duret & Ms. Noémie Girard, Grade: 18/20.

**Sept 2012 – Sept 2017: Diploma in Psychology (equivalent to Bachelor's and Master 1)**, Department of Psychology, Aristotle University of Thessaloniki (Magna cum laude), ECTS : 240.

Final Thesis: *Psychotherapists' opinions on the concepts of neutrality, abstinence and self-disclosure in clinical practice*, directed by Prof. Evrinomi Avdi, Grade: 9/10.

### Professional Experience

**Feb 2024 – Mar 2024: Visiting Scholar**, Center for Social and Cultural Psychology (CSCP), KU Leuven, Odysseus lab of Prof. Colette Van Laar. Research visit with special focus on gender stereotypes and social identity questions.

**May 2021 – : Researcher - PhD Candidate**, Service of Developmental and Family Psychology, Faculty of Psychological Sciences and Education, Université Libre de Bruxelles, Brussels, Belgium.

*A gender perspective on parenting in adolescence*, directed by Prof. Stijn Van Petegem. Part of the ERC (European Research Council) funded project "Better safe than sorry: Identifying the causes of overprotective parenting in a changing social world".

**Feb 2020 – Jun 2020: Research Intern**, Service of Developmental and Family Psychology, Faculty of Psychological Sciences and Education, Université Libre de Bruxelles, Brussels, Belgium.

*Exploring trauma psychotherapists' experiences through a gender lens: a qualitative inquiry*, supervised by Prof. Isabelle Duret.

**Feb 2019 – Jun 2019: Clinical Intern**, Projet Lama, Center for Therapeutic Support for Drug Addicts, Brussels, Belgium.

*Initiation to institutional psychotherapy, co-therapy interviews, multidisciplinary teamwork.*

**Oct 2015 – Jan 2016: Clinical Intern**, Community Mental Health Center, Thessaloniki Psychiatric Hospital Papanikolaou, Thessaloniki, Greece.

*Familiarization with psychodynamic and systemic psychotherapy, psychometrics training, multidisciplinary work environment, participation and co-animation of patient support groups.*

### **Conferences – Presentations**

- (1) **Lamprianidou, E.-A.**, Eira Nunes, C, Gaunt, R., Venard, G., & Van Petegem, S. (2024, August 27 – 31). *“Momma knows best?”: Untangling the links between mothers’ and fathers’ traditional gender values and their parenting practices* [**Presentation**]. 16<sup>th</sup> European Sociological Association Conference, Porto, Portugal.
- (2) **Lamprianidou, E.-A.**, Eira Nunes, C, Gaunt, R., Venard, G., & Van Petegem, S. (2024, May 30 – 31). *A mother’s intuition? The link between mothers’ and fathers’ gender essentialist beliefs and their parental involvement* [**Presentation**]. Belgian Association of Psychological Sciences Annual Meeting, Brussels, Belgium.
- (3) Kasmi I., **Lamprianidou, E.-A.**, & Van Petegem, S. (2024, May 30 – 31). *Examining the influence of media depictions of adolescent sexting on parental practices: an experimental study* [**Poster**]. Belgian Association of Psychological Sciences Annual Meeting, Brussels, Belgium.
- (4) **Lamprianidou, E.-A.**, Eira Nunes, C, Gaunt, R., Venard, G., & Van Petegem, S. (2024, March 8). *Gender traditionalism in parenthood: the link between mothers’ and fathers’ gender beliefs and their parental involvement* [**Presentation**]. Women in Science Day, BeWiSe Association (Belgian Women in Science), Brussels, Belgium.
- (5) **Lamprianidou, E.-A.**, Venard, G., Del Rio Carral, M., Zimmermann, G., & Van Petegem, S. (2023, November 23 – 24). *When sexting becomes “sixteen”: exploring parental representations and regulations of adolescent sexting* [**Poster**]. VNOP (Association for Dutch Developmental Psychology) Research Days, Utrecht, The Netherlands.
- (6) Eira Nunes, C., **Lamprianidou, E.-A.**, & Van Petegem, S. (2023, August 28 – September 1). *Dynamics between parents’ essentialist beliefs and practices as parents and coparents* [**Presentation**]. European Conference on Developmental Psychology 2023, Turku, Finland.
- (7) **Lamprianidou, E.-A.**, Eira Nunes, C., Antonietti, J.-P., & Van Petegem, S. (2023, July 30 – July 4). *Intensive parenting among mothers and fathers: identifying profiles and examining parenting differences* [**Blitz presentation**]. European Association of Social Psychology General Meeting 2023, Krakow, Poland.

- (8) Terache, J., **Lamprianidou** E.-A., de Spiegeleer F., Soenens B., & Van Petegem, S. (2023, July 30 – July 4). *“I’ll protect you from everything”*: A gender approach to parents’ overprotective responses to perceived threat [**Blitz presentation**]. European Association of Social Psychology General Meeting 2023, Krakow, Poland.
- (9) Eira Nunes, C., **Lamprianidou**, E.-A., Zimmer-Gembeck, M., & Van Petegem, S., (2023, June 14 – 17). *The relation between parents’ gender values and parenting, and adolescents’ psychosocial adjustment among parents of adolescents* [**Presentation**]. 11th European Society on Family Relations Conference, Roskilde, Denmark.
- (10) **Lamprianidou**, E.-A., Eira Nunes, C., Antonietti, J.-P., & Van Petegem, S. (2023, March 9 – 11). *Intensive parenting ideology among mothers and fathers: a typological examination of gendered representations of parenthood* [**Presentation**]. International Convention of Psychological Science 2023, Brussels, Belgium.
- (11) Mouton, B., **Lamprianidou**, E.-A., & Van Petegem, S. (2023, March 9 – 11). *The role of parental self-efficacy in the link between perceived social pressure and overprotective parenting* [**Presentation**]. International Convention of Psychological Science 2023, Brussels, Belgium.
- (12) **Lamprianidou**, E.-A. (2022, September 22 – 23). *Comprendre la parentalité surprotectrice dans une perspective de genre* [**Presentation**]. Civis Alliance Research Visit, Aix-Marseille Université, Aix-en-Provence, France.
- (13) **Lamprianidou**, E.-A., Eira Nunes, C., & Van Petegem, S. (2022, August 24 – 27). *Intensive parenting ideology and overprotective parenting: a cluster study* [**Conference presentation**]. European Association for Research on Adolescence 2022 Conference, Dublin, Ireland.
- (14) Eira Nunes, C., **Lamprianidou**, E.-A., Zimmer-Gembeck, M., & Van Petegem, S. (2022, August 24 – 27). *The relationship between parents’ gender equality values, parenting, and psychosocial adjustment among early adolescents: an Australian community sample* [**Presentation**]. European Association for Research on Adolescence 2022 Conference, Dublin, Ireland.
- (15) **Lamprianidou**, E.-A., Eira Nunes, C., & Van Petegem, S. (2022, June 2-3). *Gender ideology and overprotective parenting: examining the intervening role of parents’ adherence to an intensive parenting ideology* [**Poster**]. Belgian Association for Psychological Science, 2021 Annual Convention, Leuven, Belgium.

## Grants

**Sept 2024: Research Visit Grant – Accomplishment of a Stay Abroad**, Fund for Scientific Research (F.R.S.–FNRS), Faculty of Social and Behavioural Sciences, Universiteit van Amsterdam (2024, November 11 – December 13), Amsterdam, The Netherlands.

**Jul 2024: Travel Grant – Scientific Meeting Abroad**, Fund for Scientific Research (F.R.S.–FNRS), European Association of Sociology 16<sup>th</sup> Conference 2024, Porto, Portugal.

**Jun 2024: Full Travel and Attendance Grant – Autumn School on Science Media Communication**, Université Libre de Bruxelles - Université de Lausanne collaboration, (2024, October 8 – 11), Lausanne, Switzerland.

**Jun 2023: Travel Grant – Scientific Meeting Abroad**, Fund for Scientific Research (F.R.S.–FNRS), European Association for Social Psychology General Meeting 2023, Krakow, Poland.

## Publications

(1) Eira Nunes, C., **Lamprianidou**, E.-A., Zimmer-Gembeck, M. J., & Van Petegem, S. (2024). The relations between parents' gender equality values and (co)parenting: examining actor-partner effects in an Australian community sample. *Journal of Family Issues*, 0(0).  
<https://doi.org/10.1177/0192513X241236552>

(2) **Lamprianidou**, E.-A., Eira Nunes, C., Antonietti, J.-P., & Van Petegem, S. (2024). *Intensive Parenting among mothers and fathers: identifying profiles and examining parenting differences*. [Manuscript accepted for publication]

(3) Eira Nunes\*, C., **Lamprianidou\***, E.-A., Venard, G., & Van Petegem, S. (2024). *“Momma knows best”: The relation between mothers' and fathers' gender essentialism and their parenting*. [Manuscript under revision]

(4) **Lamprianidou**, E.-A., Venard, G., Del Rio Carral, M., Zimmermann, G., & Van Petegem, S. (2024). *When sexting becomes “sexteen”: exploring parental representations and regulations of adolescent sexting*. [Manuscript under revision]

(5) Van Petegem, S., Eira Nunes, C., Mouton, B., Soncini, A., **Lamprianidou**, E.-A., Skhirtladze, N., & Visintin, E. P. (2024). *Love, money and involved parenting? Associations between parents' perceptions of economic inequality, financial scarcity, and their school involvement*. [Manuscript under revision]

(6) **Lamprianidou, E.-A., Eira Nunes, C.,... & Van Petegem, S. (2024).** *The relationship between parents' traditional gender beliefs and their parenting: a cross-cultural study.* [Manuscript in preparation]

(7) Van Petegem, S., Leijten, P., **Lamprianidou, E.-A., Mouton, B., Eira Nunes, C., Selçuk, S., Venard, G., Soncini, A., & Zimmermann, G. (2004).** *Time trends in perceived overprotective parenting.* [Manuscript in preparation]

(8) Skhirtladze, N., Van Petegem, S., Sanchez-Mira, N., Makashvili, A., & **Lamprianidou, E. (2024).** *Perspectives on gender-related parenting beliefs and the role of socio-demographic variables and basic values in Georgia: A mixed method study.* [Manuscript in preparation]

(9) Selçuk, S., Eira Nunes, C., **Lamprianidou, E.-A., & Mouton, B. (2024).** *The role of perceived social pressure and parents' self-construal on overprotection and controlling parenting across mothers and fathers.* [Manuscript in preparation]

(10) Venard, G., Zimmermann, G., **Lamprianidou, E.-A., Eira Nunes, C., Del Rio Carral, M. & Van Petegem, S. (2024).** *Intensive parenting culture and coordination within the parental couple: exploring narratives of parents of adolescents.* [Manuscript in preparation]

## Training Skills – Qualifications

**Oct 2023: Linear Mixed Models**, Statistics workshop, Prof. Jean-Charles Quinton, Université Libre de Bruxelles, Brussels, Belgium.

**June 2023: BruLau 2023**, International doctoral summer school on gender studies (2023, June 4-9), Centre d'Études Genre (CEG), Structure de recherche interdisciplinaire sur le genre, l'égalité et la sexualité (STRIGES), Université de Lausanne, Lausanne, Switzerland.

**Sept 2022 – Dec 2022: Scientific Writing for International Publication**, Doctoral training on academic writing, Prof. Björkman Nylén, University of Stockholm, Sweden.

**Oct 2022 – Nov 2022: Getting Started with R Software for Data Analysis**, Doctoral training on statistics, Dr Frederik De Keersmaeker, University of Gent, Belgium.

## Teaching Experience

**Seminar Master in Family Sciences and Sexuality:** (2024, March 15) *Parentalité intensive chez les mères et les pères : analyse en Clusters et différences dans l'implication parentale* [Intensive parenting in mothers and fathers: Cluster analysis and differences in parental involvement]. Université Catholique de Louvain.

**Internship supervisor:** Inès Kasmi (2024, February – June). *Examining the influence of media depictions of adolescent sexting on parental practices: an experimental study*, Université Libre de Bruxelles.

**Co-supervisor:** Kyramarios, C., & Knockaert, R. (Ongoing master thesis). *Perceptions et pratiques parentales liées au sexting chez les adolescent.e.s* [Parental perceptions and practices related to sexting among adolescents], directed by Prof. Stijn Van Petegem, Université Libre de Bruxelles.

**Co-supervisor:** El Arbaoui, M. (Ongoing master thesis). *Normes et attitudes de genre dans le contexte de la parentalité contemporaine* [Gender norms and attitudes in the context of contemporary parenthood], directed by Prof. Stijn Van Petegem, Université Libre de Bruxelles.

**Co-supervisor:** Chaval, M. (Ongoing master thesis). *Le sexting chez les adolescents : exploration des attitudes parentales dans un perspective de genre* [Sexting among adolescents: exploration of parental attitudes from a gender perspective], directed by Prof. Stijn Van Petegem, Université Libre de Bruxelles.

**Co-supervisor:** Mreyen, C. (2023). *Les parents face au sexting des adolescent·es : Quelles attitudes et pratiques ?* [Parents facing adolescents' sexting : Which attitudes and practices?], directed by Prof. Stijn Van Petegem, Université Libre de Bruxelles

**Co-supervisor:** Luciano, A., & De Amaral Beja Da Silva, L. (2023). *De quelle manière les pressions sociétales liées au genre ont-elles un impact sur la surprotection parentale envers les adolescents ?* [How do gender-related societal pressures impact parental overprotection towards adolescents?], directed by Prof. Stijn Van Petegem, Université Libre de Bruxelles.

**Internship supervisor:** Gonçalves S., (2022, February 1 – June 1). *Exploring parental perceptions of adolescent sexting: a qualitative study*, Université Libre de Bruxelles.

**Co-supervisor:** Penneman, C. (2022). *L'impact de la pression sociétale sur les comportements surprotecteurs dans les familles monoparentales: évaluation de l'effet médiateur de l'anxiété parentale*. [The impact of societal pressure on overprotective behavior in single-parent families: assessing the mediating effect of parental anxiety], directed by Prof. Stijn Van Petegem, Université Libre de Bruxelles.

**Co-supervisor:** Léger, M. (2022). *Une surprotection parentale liée à la perception de l'insécurité de la société pour les filles adolescentes ?* [Parental overprotection linked to perceived social insecurity for teenage girls?], directed by Prof. Stijn Van Petegem, Université Libre de Bruxelles.

## Languages

**Greek:** Mother tongue

**English:** Proficiency in English, University of Michigan - C2

**French:** Diplôme Approfondi de Langue Française - C1

**Dutch:** B1

## Computer Skills

Microsoft Word, Excel, Power Point, R Statistical Software, Jamovi Statistical Software

## Voluntary Work

**Dec 2020 – Dec 2021: Volunteer Listener**, 7 Cups: Online Therapy & Free Counseling,  
<https://www.7cups.com>

**Jan 2018 – Jul 2018: Volunteer Psychologist**, Alternative Therapy Program for People with Drug Addiction ARGO, Thessaloniki, Greece.

**Nov.2016 – Feb 2017: Volunteer Psychology Student**, Family Association for Mental Health (S.O.P.S.Y.), Thessaloniki, Greece.

**June 2007 – August 2015: Team leader and children mentor**, YMCA, Thessaloniki, Greece. Volunteer work with children and adolescents in the summer the winter programs focused on youth development, experiential learning and teen leadership.